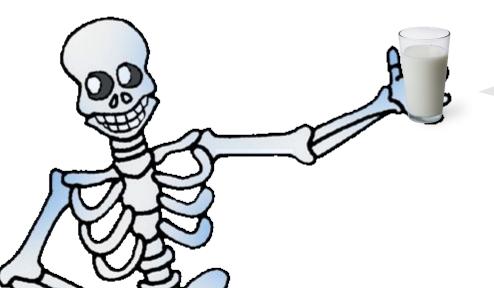


GROWING STRONG AND HEALTHY KIDS





Bones need calcium to be strong and healthy! Calcium is found in milk, cheese and yogurt.

*Almonds, broccoli, leafy vegetables, and tofu also contain Calcium